

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Goossens Nicole HEADCOACH

Coaches: Vandermeulen Eric

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:2, starttime: 08:33

Heat: 2/16 Lane : 3 Athlete: VAN DAELE JOSEFIEN Q-time: 02:43:85

PB (50m pool): 02:43.85 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:46.92 SB: 02:43.85 Sportoase De Watermolen 29/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.77	01:18.71	02:09.60	02:43.85	
	00:35.77	00:42.94	00:50.89	00:34.25	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:2, starttime: 08:33

Heat: 2/16 Lane : 5 Athlete: DE BRABANDER CELESTE Q-time: 02:43:35

PB (50m pool): 02:43.35 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:38.20 SB: 02:43.35 Sportoase De Watermolen 29/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.85	01:20.18	02:05.65	02:43.35	
	00:35.85	00:44.33	00:45.47	00:37.70	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:10, starttime: 08:59

Heat: 10/16 Lane : 8 Athlete: DELPORTE LOTTE Q-time: 02:37:49

PB (50m pool): 02:37.49 Antwerpen 27/07/2025 PB (25m pool): 02:33.02 SB: 02:38.70 Sportoase De Watermolen 29/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.75	01:14.61	02:02.73	02:37.49	
	00:34.75	00:39.86	00:48.12	00:34.76	
					

Coach feedback:

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Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:1, starttime: 09:21
Heat: 1/7 Lane : 3 Athlete: BOURDIAUDHY THIBAU					Q-time: 02:46:67
PB (50m pool): 02:46.67 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:45.24 SB: 02:46.67 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.24	01:21.28	02:04.33	02:46.67	
	00:38.24	00:43.04	00:43.05	00:42.34	
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:2, starttime: 09:45
Heat: 2/12 Lane : 8 Athlete: VAN DAELE JOSEFIEN					Q-time: 01:03:63
PB (50m pool): 01:03.63 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 01:05.23 SB: 01:03.63 Lago Gent Rozebroeken 03/05/2026					
	5 0 M	1 0 0 M			
PB	00:31.07	01:03.63			
	00:31.07	00:32.56			
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:3, starttime: 09:46
Heat: 3/12 Lane : 4 Athlete: DE BRABANDER CELESTE					Q-time: 01:02:99
PB (50m pool): 01:02.99 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 01:04.31 SB: 01:02.99 Lago Gent Rozebroeken 03/05/2026					
	5 0 M	1 0 0 M			
PB	00:30.34	01:02.99			
	00:30.34	00:32.65			
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:3, starttime: 09:46
Heat: 3/12 Lane : 6 Athlete: WULLAERT FIEN					Q-time: 01:03:17
PB (50m pool): 01:03.17 Antwerpen 20/07/2025 PB (25m pool): 01:01.38 SB: 01:03.53 Antwerpen 15/03/2026					
	5 0 M	1 0 0 M			
PB	00:31.22	01:03.17			
	00:31.22	00:31.95			
					

Coach feedback:

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Event number: 37: 100M BACKSTROKE MEN 15+				Heat:4, starttime: 10:09	
Heat: 4/13 Lane : 2 Athlete: LIEVENS SÉBASTIEN				Q-time: 01:06:40	
PB (50m pool): no time		PB (25m pool): no time		SB: no time	
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+				Heat:4, starttime: 10:09	
Heat: 4/13 Lane : 8 Athlete: VERHAGEN ROBBE				Q-time: 01:06:60	
PB (50m pool): 01:06.60 Sportoase De Watermolen 24/05/2026		PB (25m pool): 01:05.25		SB: 01:06.60 Sportoase De Watermolen 24/05/2026	
	5 0 M	1 0 0 M			
PB	00:32.05	01:06.60			
	00:32.05	00:34.55			
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+				Heat:8, starttime: 10:17	
Heat: 8/13 Lane : 4 Athlete: VAN DE GENDER WOUT				Q-time: 01:04:10	
PB (50m pool): 01:04.10 Lago Gent Rozebroeken 03/05/2026		PB (25m pool): 01:00.77		SB: 01:04.10 Lago Gent Rozebroeken 03/05/2026	
	5 0 M	1 0 0 M			
PB	00:30.90	01:04.10			
	00:30.90	00:33.20			
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+				Heat:3, starttime: 10:37	
Heat: 3/11 Lane : 7 Athlete: WULLAERT FIEN				Q-time: 02:39:56	
PB (50m pool): 02:39.56 Antwerpen 20/07/2025		PB (25m pool): 02:37.20		SB: 02:40.70 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.40	01:18.48	01:59.61	02:39.56	
	00:38.40	00:40.08	00:41.13	00:39.95	
					

Coach feedback:

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Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:6, starttime: 10:48
Heat: 6/11 Lane : 5 Athlete: DELPORTE LOTTE					Q-time: 02:35:63
PB (50m pool): 02:35.63 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 02:32.35 SB: 02:35.63 Lago Gent Rozebroeken 03/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.65	01:15.78	01:56.08	02:35.63	
	00:36.65	00:39.13	00:40.30	00:39.55	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:2, starttime: 11:12
Heat: 2/19 Lane : 1 Athlete: VERHAGEN TOON					Q-time: 02:11:81
PB (50m pool): 02:11.81 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 02:11.75 SB: 02:11.81 Lago Gent Rozebroeken 03/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.35	01:04.92	01:39.75	02:11.81	
	00:30.35	00:34.57	00:34.83	00:32.06	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:5, starttime: 11:20
Heat: 5/19 Lane : 1 Athlete: BOURDIAUDHY THIBAU					Q-time: 02:09:28
PB (50m pool): 02:09.28 Sportoase De Watermolen 24/05/2026 PB (25m pool): 02:10.72 SB: 02:09.28 Sportoase De Watermolen 24/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.89	01:02.96	01:36.94	02:09.28	
	00:29.89	00:33.07	00:33.98	00:32.34	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:8, starttime: 11:28
Heat: 8/19 Lane : 3 Athlete: LIEVENS SéBASTIEN					Q-time: 02:07:32
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: STW

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:12, starttime: 12:23																			
Heat: 12/24 Lane : 5 Athlete: VAN DE GENDER WOUT																				Q-time: 00:27:95									
PB (50m pool): 00:27.95 Sportoase De Watermolen 24/05/2026 PB (25m pool): 00:27.63 SB: 00:27.95 Sportoase De Watermolen 24/05/2026																													
		5 0 M																											
PB		00:27.95																											
		00:27.95																											
																													

Coach feedback: